

Dr. Rakhee Varma

B.A. Hons M.A, Ph.D Psychology, PGDGC

Assistant Professor, Psychology

Department of Humanities, BSSS College

Research Experience: Ph.D Topic “Women Leadership Behaviour in Panchayati Raj Institution” under the guidance of Prof. Uday Jain HOD, BU (1996 – 2001.)

Teaching Experience: 12 yrs (SNGGPG College Bhopal, BSSS College Bhopal, 2001-09) Amity University, Noida (2009-10 & 2014-15, BSSS College, Bhopal (2011-12& 2015-till date). Supervised PG Dissertations on Test Construction on Emotional Intelligence, Concept of Man and Woman among generations as co-guide, Supervised students for projects at UG level. PG and PGDGC in conducting Clinical case studies at Hamidia Hospital and Digdarshika RCI.

Research Publication/ Paper Presentation and Participation in Seminar & Conferences:

- Participated in National Seminar on ”Changing Perspectives on the Relationship between Individual and Society.” Sponsored by UGC, organized by Department of Psychology, Barkatullah University, Bhopal (30-31 January & 1st February, 2017.)
- Presented a Research paper on “Digitisation as Related to Social and Emotional of Adolescent Boys and Girls.” in the International Conference on “Make in India” An opportunity for sustainable Entrepreneurship Development” organized by Department of Commerce and Management and Department of Computer Science, Career College, BHEL, Bhopal. (February, 2017)
- Presented and participated in International Seminar on “Social Changes as Related to Adjustment Patterns of Adolescents in India” organized by Department of Psychology, Ramanujan College, University of Delhi in association with National Academy of Psychology (2-3 April, 2016.)

- Participated in two days training programme on “ Vidhan Sabha and its Process” in Pandit Kunji Lal Dubey Rashtriya Sansadiya Vidya Peeth, Bhopal. (19th – 20th Jan, 2012), and 1 day workshop on youth parliament 8.10.2015.

Research Papers:

- Written Module on ‘Psychology – What is the Subject and What Psychologists Do.’ has been published by E-Pathshala, UGC, Ministry of HRD for M.A. Women’s Study curriculum, 2015.
- Written Module on “Contemporary Issues in Counseling – Adolescence and Sexuality” has been published by E-Pathshala, UGC, Ministry of HRD for M.A. Women’s study curriculum, 2015.
- “Women leadership behavior in Panchayati Raj Institution.” in Indian Psychological review (Quarterly) Vol. 64, No.- 4, Year, 2005 page 199 – 208, Agra.
- “Women Empowerment and Quality Of Life” in Research Hunt. Year 2006.

Counseling Professional Experience:

- Conducted workshop for Teachers and parents on various topics – “Children Learn What They Live, Building Positive Teacher – Child Relationship and Classroom Management and Power of Positive Reinforcement.”, Healthy parenting, Life skills (G.D. Goenka Public School, Indirapuram & Seth Anandram Jaipuria School, Vasundhra 2012-2014)
- Conducted workshops for students on various topics – Self Defence for girls, Life Skills, Adolescence: Issues and Resolutions, Believe in yourself, Puberty for Girls: Psychological Changes and Anti Bullying Programmes in Seth Anandram Jaipuria School, Vasundhra, Ghaziabad(2013-14) & Delhi Public School, Kolar Road, Bhopal (2015-16)

- Participated in the conference on Ethics and Values in Indian Society organized by Jaipuria Institute of Management Studies, Indirapuram (15th Feb, 2014)
- Participated in one day MN Counselor's Training Program on Multiple Natures Counselor's Intensive Training Program conducted on Feb, 2013-14 by Mr. Steven Rudolph (Educational Director) at India International Centre, New Delhi.
- Participated in five day CRE Program on specific learning disability organized by Amity Institute of Rehabilitation Sciences, Amity University, Noida (28th Oct – 1st Nov, 2013.)
- Participated in one day National Convention of School Counselors on Students 'At-Risk' – Identification Prevention and Intervention organized by ICTRC at India International Centre, New Delhi (September 26, 2013.)
- Acted as Resource Person & conducted sessions on Behaviour Change Communication in 6 day's training programme of Family Planning Counselors in Bhopal School of Social Sciences, Bhopal. (1st Dec, 2011).
- During 2001, initiated a counseling cell at the S.N.G.G.P.G. College, Bhopal and gained practical experience in the field of counseling on Personal problems, like; emotional, adjustmental, and career related problems have been solved through personal and career counseling.
- During 1991-94, was a member of Psychological Association, Department of Psychology, Mata Sundari College of the University of Delhi.
- Participated and completed a two-day Workshop on Master Choa Kok Sui-Basic Pranic Healing organised by Pranic Healing Foundation of Tamil Nadu. (April 1998).

Linkages/Membership Of Professional Bodies:

- IGNOU, Bhopal
- Amity University, Noida
- Seth Anandram Jaipuria School, Vasundhra
- Delhi Public School Kolar Road, Bhopal
- Life Member, Indian Science Congress Association, Kolkata
- Member of Indian Psychologist Group, (Online).
- Member of Alliance Group of Psychologist.

Publication Of Biography/Award:

- Biography published Varma, (Ms) Rakhee in Asia Pacific Who's Who, Rifacimento International, Volume Fourteen, page 443.
- Received Bharat Gaurav Award, Certificate of Excellence for outstanding achievements in field of Individual Contribution towards Economic Growth & Social Development by Global Achievers Foundation, 24th September, 2016, New Delhi.